



## ICU nutrition in the UK : How we do it?

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### Abstract

Optimal nutritional support has a fundamental role in the management of critically ill patients.

It has a significant impact on morbidity, mortality and patient outcomes. In the United Kingdom nutritional protocols are in alignment with the National and International guidelines for nutrition.

Early identification of nutritional needs and initiation of nutrition is vital. Multidisciplinary collaboration including dieticians, pharmacists, nurses and doctors is needed.

In this talk we will discuss about practices in my critical care unit in my hospital.

**Keywords:** ICU, nutrition, UK

Received 19 September 2025  
Accepted 22 September 2025  
Published 29 September 2025

Link to DOI:

[10.25220/WNJ.V09.S1.0007](https://doi.org/10.25220/WNJ.V09.S1.0007)

**Citation:** Divekar N. ICU nutrition in the UK: How we do it?. World Nutrition Journal. 2025 September 29;9(S1): 10



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